#### End of July 2012

After suffering yet another week of record hot, hazy and humid weather last week, we decided that we had had enough and we escaped to the NC High Country!

#### The Blue Ridge Parkway

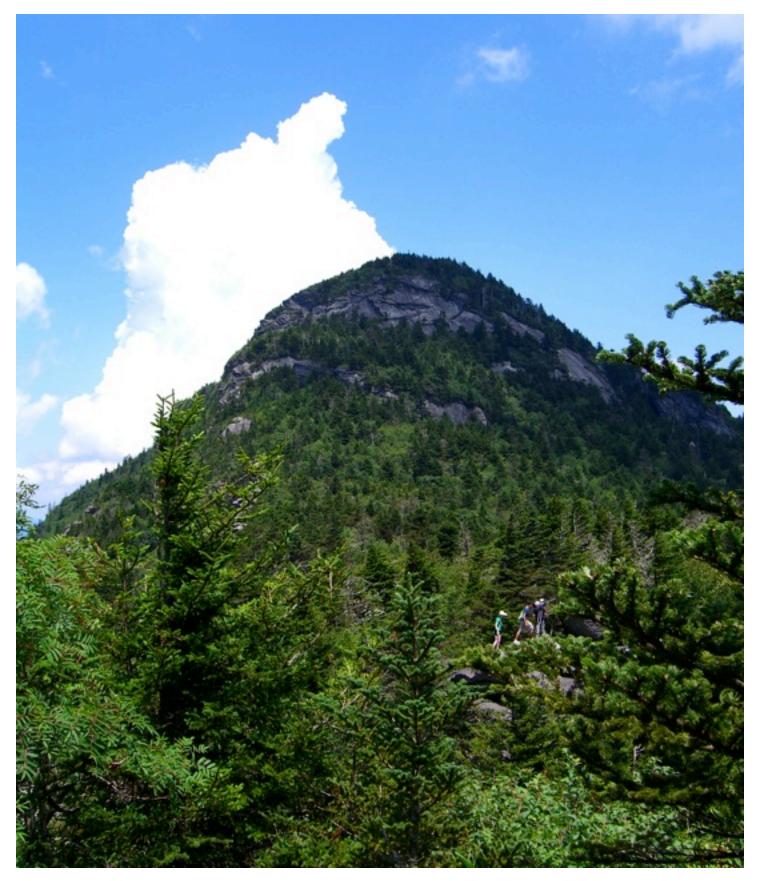
### Hiking Grandfather Mountain:



Oh yes, "find Waldo" ~ John snuck this shot in (with me in it) while I wasn't really paying attention. We had just made the short hike up to the mile high swinging bridge at Grandfather Mountain.

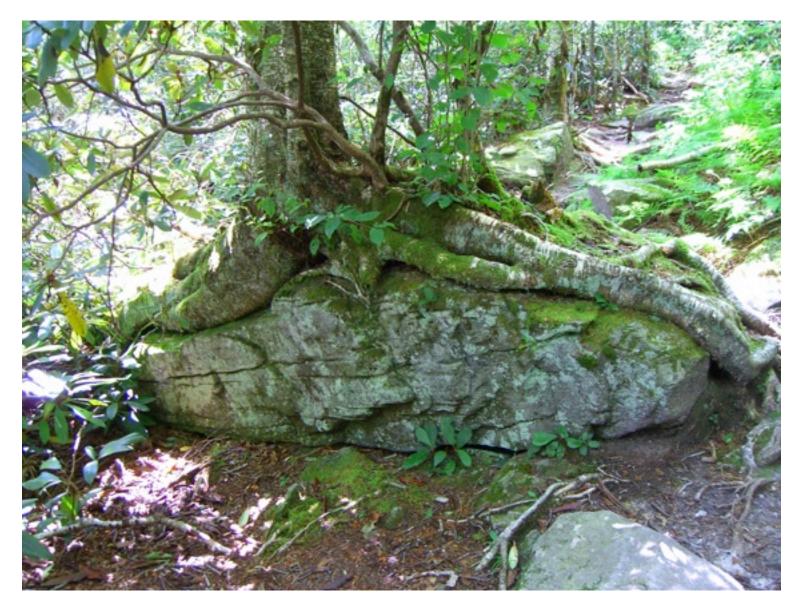
Beautiful day with gloriously fresh and cool weather





Approaching the summit as we climbed the rocks of the Grandfather Trail along the summit ridge of Grandfather Mountain using cables, ladders ..... and muscles previously unknown to us.

Made it to nearly 6,000 feet above sea level ~ our own little Olympic moment!

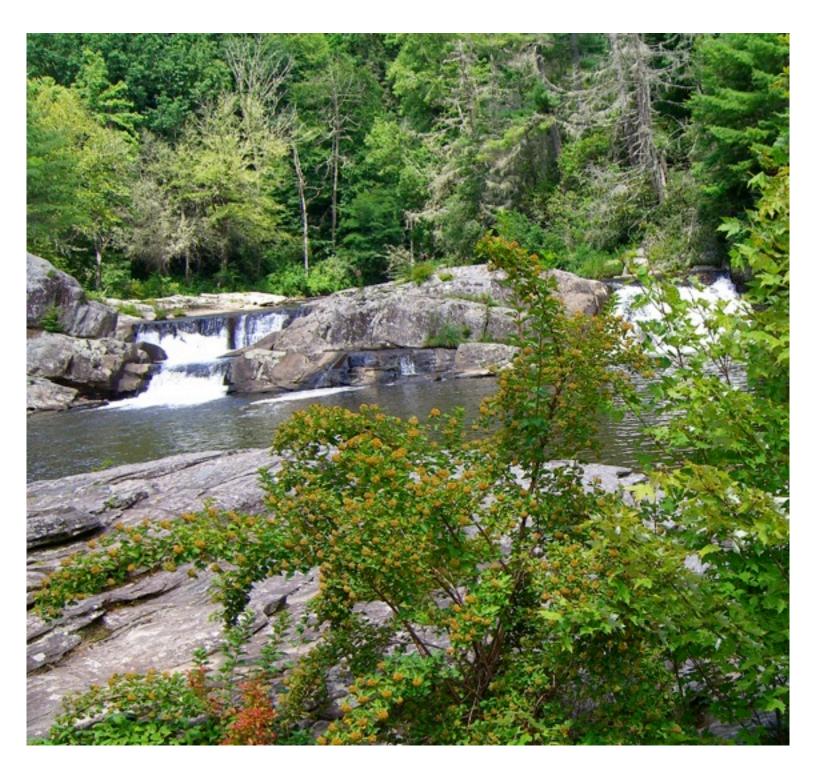


# "Where there is a will, there is a way"

Tree roots along the peaceful Black Rock Trail to Grandmother View to inspire us! Grandfather Mountain, NC The Blue Ridge Parkway



## Hiking Linville Falls The Blue Ridge Parkway, NC

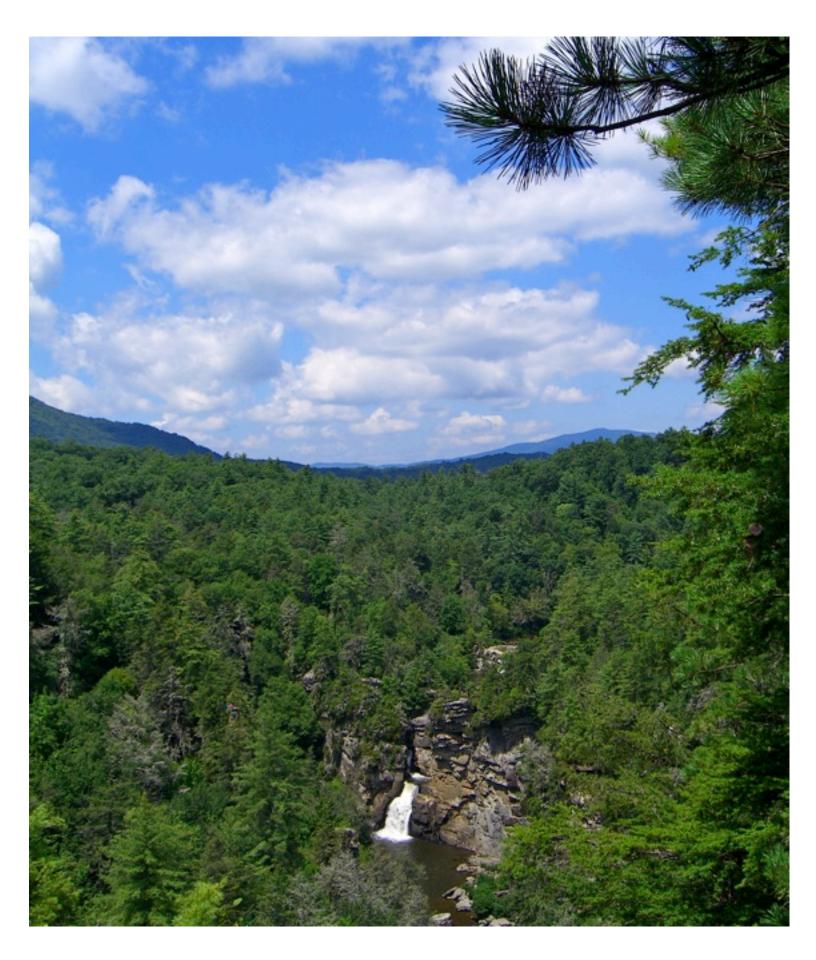


Upper falls along the Linville River Summertime View



Summer views of Linville Falls and the Linville River Gorge from Chimney View Linville Falls, Erwin's View Trail





The view from up at Erwin's View, Erwin's View Trail, to end our hiking weekend!